

# This Week with the Ghostriders



THE WEEKLY NEWSLETTER OF THE GHOSTRIDERS

## What's News ?

For the past couple of months I have been undertaking a longer version of the regular Thursday Warby Trail Ride. Instead of leaving Woori Yallock at 12 noon I have been leaving at about 11.15 am and riding all the way to Maroonah Hwy before joining the group start at COGS at 1.00 pm. I am sure that many of our riders still have never experienced the section of the trail between COGS and Lilydale and I would encourage some of you to join me in the near future. The trail is wide and in good condition. The gradient is similar to that between Wandin and COGS.

Our Wangaratta to Bright Rail Trail weekend is now only a couple of weeks away and if you haven't booked your accommodation yet, you will need to move immediately or else you will miss out.

## Coming Rides & Other News

**Thursday April 1st (April Fools Day)**  
**Regular Warby Trail Ride** starting from Woori Yallock at 11.15 am or 12 noon, COGS at 1.00 pm or Woori Yallock at 1.40 pm. *Since this is the first Thursday of the month we encourage everyone to lunch in Warburton rather than at Milgrove.*

**Sunday 4th April**  
**Easter Sunday Buxton Loop Ride 9.00 am start at Buxton**  
Peter Warren will again be convening his Easter Sunday ride around the Buxton Loop. See above for more details.

We especially need a couple more drivers to assist with transfer of luggage between Wangaratta and Bright.

In Wangaratta we usually stay at the **Warby Lodge Motor Inn (Ph 5721 8433)**. You will all need to make bookings for **Fri 16th April**.

Our preferred motel in Bright is the **The High Country Motor Inn**. I have asked them to reserve a half dozen rooms for us for **Sat 17th April** but everyone will need to confirm their booking by ringing the motel directly on **5755 1244**

**Are you interested in a Breakfast Ride along the Warby Trail ?**

Many of you would have seen the new "Carriage Café" now built alongside the trail near Seville. This café serves breakfasts on Thursday mornings from 9.00 am onwards and I thought it would

**Thursday April 8th**  
**Regular Warby Trail Ride** starting from Woori Yallock at 11.15 am or 12 noon, COGS at 1.00 pm or Woori Yallock at 1.40 pm.

**Thursday April 15th**  
**Regular Warby Trail Ride** starting from Woori Yallock at 11.15 am or 12 noon, COGS at 1.00 pm or Woori Yallock at 1.40 pm.

**April 16th to 18th**  
**Wangaratta To Bright Rail Trail (see above)**  
Join in the fun when we ride one of the best rail trails in Australia. It's sealed all the way so you

be good fun to conduct a "Breakfast Ride" followed by a group breakfast. My suggestion is that we start at Wandin at 7.00pm and then ride to Milgrove before returning to have breakfast at the café. We would probably be finished by 10 am.

The date I have been thinking of is Thurs 29th April. I would now like expressions of interest from those who would plan to participate if we to proceed with such a ride. Just shoot me an email to let me know if you would be there. If we can guarantee them at least 10 or more riders the café will prepare an extra special breakfast for us so bookings will be required.

**Buxton Loop Ride**  
**Sunday 4th April**  
**9.00 am start at Buxton**

If you are looking for a 90 km road ride then give this one a go. The ride will start from the Buxton tennis courts at 9.00 am sharp and continue Taggart and Acheron to Alexandra for morning

can bring any type of bike. You will need to book your accommodation without delay (see above for more details).

**Monday April 26th**  
**Anzac Day Ride**  
**Great Southern Rail Trail**

This has become something of an Anzac Day tradition and I would like to invite you all to join us in some delightful Gippsland riding along the Great Southern Rail Trail from Meeniyan to Foster and back. 10 am start at Meeniyan. Best suited to mountain bikes or

**Monday Mar 29th 2010**

### Contact Details

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tea. Then it's on to Eildon for lunch before returning via Thorn-ton to Buxton.

The ride is best suited to road bikes or hybrids and is definitely not for beginners. Peter Warren will be the convenor.

### Regular Thursday Ride Details

Each Thursday we conduct rides along the Warburton Trail. Visitors are always welcome to join us. There are several alternate start times and meeting points to choose from.

- 11.15 am Early Starters**—Meet at Woori Yallock and ride the full trail down to Lilydale before meeting the second group at COGS at 1.00 pm.
- 12 noon Main Group**—Meet at Woori Yallock and ride to COGS at Mt Evelyn to meet with the rest at 1.00 pm.
- 1.00 pm COGS Group** leave and ride as a combined group to Woori Yallock where we usually arrive at about 1.40 pm.
- 1.50 pm Woori Yallock** leave for the ride to Milgrove where we stop for lunch before the ride back to your start point.

*In this way all riders can choose a starting time and ride distance to suit their level of bike fitness. On the leg between COGS and Milgrove we expect all riders to stay together as much as possible (ie no bolting).*

hybrids.

### Other News

**John and Kerrie Dawson** are soon to embark on their big trip to the Middle East. They will be visiting some fantastic and exotic locations and I am sure they will bring back lots of memories and stories. We wish them a safe and enjoyable adventure.

## This Week with the Ghostriders



### Hey Look Here's More Stuff.....

Anyone who has been on our Thursday rides in the past few weeks would have met our newest rider **Sonja Fischer**.

Sonja is really keen to improve her cycling and has asked me to pass on the following information. She is going to participate in the upcoming Just Cycle Yarra Valley Event to help raise funds for the Jesuit Social Services. Apparently they advocate social change and promote health and wellbeing of disadvantaged young people, families and communities. They also work with those who have a history of abuse, neglect, trauma and isolation.

For more information, or to support Sonja in her fundraising, you can visit the web page <http://gofundraise.com.au/fischers>

I was also recently sent the following information about an upcoming ride that may be of interest to some of our riders.

*"I found the 'Ghost Riders Cycling Group' listing on the Bicycle Victoria website and I would like to send information to your members about a fantastic cycling event to be held on 24th April travelling along part of the route for the Great Vic Bike Ride.*

*The Shire of Strathbogie & the Rotary Club of Euroa invite you to enjoy the beautiful scenery surrounding Euroa from the seat of your bicycle!! Proceeds going to our local hospital & other local charities. The ride will start and finish in Seven Creeks Park, Euroa and there will be a choice of 2 distances of 40km & 120km to suit both the serious rider as well as families.*

*The 40km ride is a basically flat ride that travels out of Euroa towards Shepparton / Violet Town then back along the Moglonemby Road into Euroa.*

*The 120km ride starts on the flat as it travels through Violet Town, then starts the serious climb up the scenic Harry's Creek Road into Strathbogie township, then down through Polly McQuinn's Weir and back along the Mansfield Road.*

*Entry fees are \$80 for the 120km ride and \$40 for the 40km ride with a morning coffee, BBQ lunch and other giveaways included..*

*This is fully manned & marshalled ride with food & drink stations along the route with a BBQ & refreshments provided. Autumn in the North East is the best time of year so bring your family for the weekend & support a worthy cause."*

Register online at [www.ridetherangeseuroa.com.au](http://www.ridetherangeseuroa.com.au)

### Future Overseas Adventure Challenges—You are Invited !

Arrangements for our South America Adventure Challenge are now finalised. This will easily be our longest and most ambitious overseas challenge yet combining a variety of cycling and trekking experiences in Peru, Argentina and Uruguay. In the process we will be cycling some of the highest roads on earth and also completing the fabled Inca Trail to Machu Picchu. This has been a dream of mine for many years and it is fantastic to be able to share it with such great friends and fellow travellers.

By the end of this year approximately 100 people will have taken part in one or more of our overseas challenges. It is not only the perfect way to explore a foreign country but it is also the best way to learn about yourself at the same time.

I am now in the early stages of planning for 2011 and would invite any of our readers to join me on our journey of discovery. There are several options I am researching and I will soon be holding an information night for anyone interested in finding out more.

Watch out for further details in the near future.

### Picture of the Week



Lance Armstrong's top secret new bike design for his 2010 Tour de France campaign.

Secretly viewed and photographed during a testing session.