

This Week with the Ghostriders



THE WEEKLY NEWSLETTER OF THE GHOSTRIDERS

What's News ?

There is little doubt that this time of the year provides some of the best cycling conditions of the entire year. Now that the extreme heat is behind us we are often blessed with fine and still conditions for days at a time. In fact, if you cannot get yourself motivated to ride now, then you will probably never get going.

Next Sunday we will be introducing a brand new road ride, starting from Drouin and taking in a lovely range of rolling Gippsland countryside. This ride has been researched by Bill Vandendool who will also be acting as convenor. About 90 km long and rated "moderate" it is not for new riders but would be highly recommended for all those with road bikes and a reasonable level of experience. See below for more details.

For the past few weeks I

have been including a reminder for you all to book your accommodation for the Wangaratta to Bright Rail Trail weekend. If you have not yet completed this ride you really don't know what you are missing out on. In fact people come from all over Australia just to visit Bright at this time of the year. So don't go looking for excuses, just bite the bullet and book your room now.

Here are the details
Wangaratta to Bright Rail Trail Weekend—16th to 18th April 2010.

In Wangaratta we usually stay at the **Warby Lodge Motor Inn (Ph 5721 8433)**. You will all need to make bookings for **Fri 16th April**.

Our preferred motel in Bright is the **The High Country Motor Inn**. I have asked them to reserve a half dozen rooms for us for **Sat 17th April** but everyone will need to confirm their booking by ringing the motel directly on

way Station car park at 8.45 for a 9.00 am start.

Thursday April 1st (April Fools Day)

Regular Warby Trail Ride starting from Woori Yallock at 11.15 am or 12 noon, COGS at 1.00 pm or Woori Yallock at 1.40 pm. *The first Thursday of the month means we encourage everyone to lunch in Warburton rather than at Milgrove.*

Sunday 4th April Easter Sunday Buxton Loop Ride

Peter Warren will again be convening his Easter Sunday ride around the Buxton Loop. Watch

5755 1244. I would advise you to do this immediately as they will not hold those rooms for us for very long. When you make your booking you need to let them know that you are part of the Ghostriders booking.

Are you interested in a Breakfast Ride along the Warby Trail ?

Many of you would have seen the new "Carriage Café" now built alongside the trail near Seville. This café serves breakfasts on Thursday mornings from 9.00 am onwards and I thought it would be good fun to conduct a "Breakfast Ride" followed by a group breakfast. My suggestion is that we start at Wandin at 7.00pm and then ride to Milgrove before returning to have breakfast at the café. We would probably be finished by 10 am.

The date I have been thinking of is Thurs 29th April. I would now like expressions of interest from those who would plan to participate if

out for more details when they are available.

April 16th to 18th Wangaratta To Bright Rail Trail (see above)

Join in the fun when we ride one of the best rail trails in Australia. It's sealed all the way so you can bring any type of bike. You will need to book your accommodation without delay (see above for more details).

Other News

A group of Ghostriders is currently taking part in an

Monday Mar 22nd 2010

Contact Details

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we to proceed with such a ride. Just shoot me an email to let me know if you would be there. If we can guarantee them at least 10 or more riders the café will prepare an extra special breakfast for us so bookings will be required.

Regular Thursday Ride Details

Each Thursday we conduct rides along the Warburton Trail. Visitors are always welcome to join us. There are several alternate start times and meeting points to choose from.

11.15 am Early Starters—Meet at Woori Yallock and ride the full trail down to Lilydale before meeting the second group at COGS at 1.00 pm.

12 noon Main Group—Meet at Woori Yallock and ride to COGS at Mt Evelyn to meet with the rest at 1.00 pm.

1.00 pm COGS Group leave and ride as a combined group to Woori Yallock where we usually arrive at about 1.40 pm.

1.50 pm Woori Yallock leave for the ride to Milgrove where we stop for lunch before the ride back to your start point.

In this way all riders can choose a starting time and ride distance to suit their level of bike fitness. On the leg between COGS and Milgrove we expect all riders to stay together as much as possible (ie no bolting).

extended cycling holiday in New Zealand. I am sure that everyone wishes them a safe and adventurous trip.

Connie and Juri are also in New Zealand on their own completely unsupported ride. I am sure they will have some great stories and photos when they return.

Coming Rides & Other News

Thursday March 25th Regular Warby Trail Ride starting from Woori Yallock at 11.15 am or 12 noon, COGS at 1.00 pm or Woori Yallock at 1.40 pm.

Sunday March 28th Gippsland Ride (NEW) 9.00 am start in Drouin

This is a brand new road ride, starting and finishing in Drouin. Along the way we will be passing through Korumburra, Bena and Poowong. The total distance is about 90 km and the ride is rated as challenging. Road bikes preferred. Meet at Drouin Rail-



Cycling Humour

Some Famous Quotes from Phil Liggett

- He's crazy. He's always been crazy. And what on EARTH is he doing?
- Hinault... is he a superman or a fool ?
- Are they on the road to stardom, or are they lambs to the slaughter?
- He's dancing on his pedals in a most immodest way!
- There's no reason to rush into hell.
- Once you pull on that golden fleece, you become two men.
- And Brian, I think Sean Kelly told Fignon in broad Irish exactly what he thought of that idea
- Though he's bald, he's only 23 years old!
- The fox is in the hen house now

- Zabel, Zabel, Zabel, Zabel, Zabel
- The pirate is about to board the ship
- And again they are crossing swords at the front
- To wear the yellow jersey is to mingle with the gods of cycling
- Don't look back. You know what's going on back there because you just left it.

Why Bikes are Better than Women

- You can upgrade your bike, component by component, as you can afford it.
- If you get tired of the way your bike looks, you can just paint it.
- You get detailed specifications, before you

buy.

- The name is printed on the frame in nice big letters in case you forget.
- Bikes don't whine unless something is really wrong.
- If someone steals your bike, you can get a better one the very next

day.

- If you say bad things to your bike you don't have to apologize before you can ride it again.
- If anything doesn't work the way you want, you can get it fixed at the local bike shop for \$24.95.



Uhh ??

Picture of the Week

This rather confronting image was sent to me by David Brown. Is this what we all have to look forward to in the near future ? I suppose she was taking advantage of drafting behind the lead rider.

Apparently it is entitled "A Biker and His Babe".

