

# This Week with the Ghostriders



THE WEEKLY NEWSLETTER OF THE GHOSTRIDERS

## News Update

Last Saturday we made our annual pilgrimage down to the rolling hills of Gippsland to ride the **Poowong Circuit**. This 75 km loop is very popular in the cycling community for its great combination of rolling hills and sensational scenery.

To our relief we were blessed with absolutely perfect weather for the ride and the surrounding hills were probably the greenest we have ever seen them. For several in our peloton it was the first time they have completed this ride and all commented on just how much they enjoyed it. Thanks so much to all those who came down and helped make the ride such a success.

Our next weekend ride will take place on **Labour Day—Monday March 14th**. This is a new ride that has been put together by **Geoff James** who will also be acting as convenor for day. The ride is specifically designated as a “partners’ day” and there will never be a better opportunity to invite along your partner, friend, relatives, neighbours, etc.

The main part of the ride will start at Royal Park at 11 am and we will

then follow the bike paths through to Williamstown where we will sample the wares of one of the numerous eateries. For those who want a longer ride there will be alternate start point at the Fairfield Boathouse.

The ride is primarily a social occasion to enjoy some cycling fellowship and to share our love of cycling with those who are less experienced. **We really need all of our experienced riders to come along and share their knowledge and support for those joining us for the first time.**

For those wishing to do the longer ride you will need to gather at the **Fairfield Boathouse at 10.00 am**. Melways reference Map 30, J12.

For those wishing to do the shorter option you will need to meet at the **Royal Park Station (Melways map 29, F11) at 11.00 am**. From Royal Park the total return distance to Williamstown and back again will be approx 35 km. The ride will be conducted at a suitable

speed so that nobody need fear that they will be left behind.

### Arrangements for Leanne Dovaston's funeral

I have been informed that the funeral service for Leanne Dovaston will be held this Wednesday 9th March at the Healesville Uniting Church, Maroonah Hwy (opposite Coles Supermarket) starting at 11 am. Any of our riders would be welcome to attend.

### South America Ride Movie Premiere and Social Evening. Sat March 19th at my place.

I would like to invite all Ghostriders and anyone else interested in cycling adventures and travel to come along to view the first screening of the movie of our 2010 South America ride. This trip took us to some incredible places, including the “lost city of the Incas” Machu Picchu and Colca Canyon—home of the giant condors.

The film lasts for 60 mins and will screen at 7.30 pm. Please BYO drinks and some nibbles or sweets to share. Please let me know if you plan to attend.

### Breakfast Ride—Thurs March 24th

Our final Breakfast ride for this

Mon March 7th 2011

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season will take place on Thurs March 24th. The ride will begin at Wandin at 7 am and will conclude with breakfast at the Carriage Café. This will replace the regular Thursday afternoon ride on that day.

### Wangaratta to Bright Weekend—April 1, 2 & 3.

I have now had a large number of riders indicate their intention to participate in this weekend. Our plan is to drive up on Friday, stay overnight in Wang on the Friday evening and ride through to Bright on the Saturday.

We also usually share a meal on the Friday night at the **Hollywood Café** in Wang (Ph 357219877). My plan is to eat at 7.30 pm. **If you would like to join in the dinner you will need to ring the restaurant to make your booking. Make sure you tell them you are part of the Ghostriders Group.**

**The Friday dinner is also the perfect way to start off the weekend.**

## Upcoming Rides & Activities

### Tues Mar 8th—Tuesday Fitness Group

Bushwalk starts at 10 am sharp at my place

### Thurs Mar 10th—Warby Trail Ride

Start from Woori Yallock at 12 noon or COGS at 1 pm

### Labour Day (Mon March 14th)-Royal Park to Williamstown Ride.

This is a new Social Ride, especially designed to help you invite friends and partners to join in a flat ride with us. Start at Fairfield Boathouse at 10 am or Royal Park at 11 am. See above for more information.

### Tues March 15th—Tuesday Fitness Group

Bushwalk starts at 10 am sharp at my place

### Thurs March 17th—Warby Trail Ride

Start from Woori Yallock at 12 noon or COGS at 1 pm

### South America DVD Night Sat March 19th 7.30 pm

For anyone interested in cycling in beautiful and remote countries, come and see the first screening of our DVD. Film runs for 1 hour. BYO drinks and nibbles or sweets to share.

### Tues March 22nd —Tuesday Fitness Group

Bushwalk starts at 10 am sharp at my place

### Thurs March 24th—Breakfast Ride 7.00 am start at Wandin

After an early morning ride along the trail we will be stop-

ping for breakfast at the Carriage Café. This will replace the normal Thursday afternoon ride.

### Annual Wangaratta to Bright Rail Trail Ride—April 1, 2, 3.

Don't forget to make your booking for Friday night dinner at the Hollywood Café in Wang. See above for details.

#### Tuesday Morning Fitness Group

Each Tuesday you are invited to join us for a brisk and scenic walk around the tracks of Emerald. Each walk starts at 10 am and is finished soon after 11 am. On the first Tuesday of each month we have a bike ride, instead of a walk. For more details give me a call on 5968 3307.

Everyone is invited to participate.

#### Regular Thursday Ride Details

Each Thursday we conduct rides along the Warburton Trail. Visitors are always welcome to join us. There are several alternative start times and meeting points to choose from.

**11.10 am Early Group**—Meet at Woori Yallock and ride the full distance down to Lilydale before meeting the second group at COGS at 1.00 pm

**12 noon Main Group**—meet at Woori Yallock and ride to COGS at Mt Evelyn to start the return ride at 1.00 pm

**1.00 pm COGS Group** leave and ride as a combined group to Woori Yallock where we usually arrive at about 1.40 pm.

**1.50 pm Woori Yallock** all riders re-group for the ride to Milgrove where we stop for lunch before the ride back to your chosen start point.

*In this way all riders can choose a starting time and ride distance to suit their level of bike fitness. On the leg between COGS and Milgrove we expect all riders to stay together as much as possible (ie no bolting).*