

# This Week with the Ghostriders



THE WEEKLY NEWSLETTER OF THE GHOSTRIDERS

## What's News ?

Firstly I would like to wish all our Ghostriders, families and friends a Very Happy New Year. Yesterday our 2011 cycling year got underway with our first Warby Trail ride for the year. It was great to see so many riders turn out, including a couple that we had not seen for years. Although the Bureau had predicted a hot day, it was somewhat of a relief to find that conditions on the trail were actually very pleasant indeed.

### Bellarine Peninsula Ride—Dec 29th 2010

Our final ride for 2010 took the form of the Annual Bellarine Peninsula Loop Ride. This ride takes in most of the population centres on the peninsula and rewards the riders with fantastic beachfront views along the way. We had a good sized peloton of riders for the day, including the first tandem bike we have ever on one of our rides. The weather was absolutely idyllic—in fact probably the best conditions we have ever had on this ride.

We enjoyed a marvelous ride together, even managing to avoid

most wrong turns along the way. At the end of the ride some of the group stayed behind for a sumptuous seafood dinner at the Royal Hotel in Queenscliff. This was indeed a successful ride according to any criteria. Later in this newsletter I have included some images from this ride.

### First Weekend Ride for 2011 Holmesglen to the City and Back (10 am start).

#### This Sunday—9th Jan

One of our goals for the Ghostriders is to encourage new riders to discover just how much fun cycling can be. For that reason we will be conducting several rides during the year specifically so that you can invite partners and friends along to join in the fun. All of these rides will be of a relatively easy standard and conducted along bike paths so that riders will not have to worry about cars along the way.

The first of these “bring a friend” rides will be held this coming Sunday 9th Jan, and will take the form of a ride along the bike paths from Holmesglen to Southbank and back again.

We will be meeting in the car park of the **Monash Aquatic and Recreation Centre (626 Waverley Rd, Glen Waverley) for a 10 am start**. The bike path starts on the opposite side of the road and we can follow it all the way to the city. It is basically flat all the way and suitable for riders of just about any level of experience.

I believe that all of our experienced riders have a responsibility to share their experience and to introduce others to the health and social benefits of riding.

### Big Breakfast Ride—Next Thursday 13th Jan—7 am start

Next Thursday our Warby Trail Ride will take the form of a **Breakfast Ride**, starting at Wandin car park at 7 am. (This is the car park with the little covered shelter). We will be riding out towards Millgrove before turning back and sharing breakfast at the Carriage Café. We conducted a similar ride last year and everyone thoroughly enjoyed the experience.

**Since I need to let the café know how many are coming I need you to confirm your attendance by contacting me no later than Tues 11th Jan.**

We will be reaching the café at

Friday Jan 7th 2011

#### Ghost rider Contact Details

- Contact Person: Dennis Dawson
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- Web: www.warbyghostriders.com
- Mail Address: PO Box 196, Emerald, Vic 3782
- Phone: 5968 3307
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9.00 am and the ride should be finished soon after 10 am, so you will still have most of the day available.

**NB** There will be no Warby Trail ride in the afternoon.

## STOP PRESS

### 2011 European Ride—late vacancies for 2 riders.

Since Christmas I have had two late vacancies arise in our 2011 European ride. This will take place in Aug/Sep of this year and will take us through Germany, Austria and the Czech Republic. Since the ride basically follows the river bike paths you do not have to be a highly experienced rider, you just have to be healthy and share a spirit of adventure. The package includes accommodation, most meals, bike hire, luggage transfer, etc and costs approx \$3500 per person. If you know of any people who might be interested in sharing a trip of a lifetime, they should contact me without delay.

## Upcoming Rides & Activities

### Sunday Jan 9th—10 am start Social Ride: Holmesglen to the City (Bike Paths).

This will be our first designated social ride for 2011 and will take the form of a relaxed ride along the bike paths from Holmesglen to the city and return. (see above for details)

### Tues Jan 11th—Tuesday Fitness Group—MTB Ride

This will be our first Tuesday ride of 2011. The ride starts at my place at 10 am and follows a succession of forest paths and roads to Gembrook and back. All welcome.

### Thursday Jan 13th—Breakfast Birthday ride on the Warby Trail 7.00 am start at Wandin

Following the success of our previous breakfast ride we will be starting from Wandin car park at 7.00 am, before riding out to Milgrove

then back to the Carriage Café for a cooked breakfast. Since that day also coincides with a “significant birthday” for myself, I would love you all to help celebrate it with me. (Senior’s Card Here I Come)

### Saturday Jan 15th—Cathedral Mountain Bushwalk.

This will be our third bushwalk up to the summit of Cathedral Mountain. You will need good footwear, plenty of nibbles and water. Meet in the car park for a 10 am start. Check the web site for more information. This is a strenuous walk but you are rewarded with sensational views from the summit. Come along and stretch some unfamiliar muscles and enjoy good fellowship along the way.

### Tues 18th Jan—Tuesday Morning Fitness Group

Walk starts from my place at 10 am sharp.

### Thurs 20th Jan—Warby Trail Ride

Starts from Woori Yallock at 12 noon. Return at approx 4.15 pm. All welcome.

### Tuesday Morning Fitness Group

Each Tuesday you are invited to join us for a brisk and scenic walk around the tracks of Emerald. Each walk starts at 10 am and is finished soon after 11 am. On the first Tuesday of each month we have a bike ride, instead of a walk. For more details give me a call on 5968 3307.

Everyone is invited to participate.

### Regular Thursday Ride Details

Each Thursday we conduct rides along the Warburton Trail. Visitors are always welcome to join us. There are several alternative start times and meeting points to choose from.

**11.10 am Early Group**—Meet at Woori Yallock and ride the full distance down to Lilydale before meeting the second group at COGS at 1.00 pm

**12 noon Main Group**—meet at Woori Yallock and ride to COGS at Mt Evelyn to start the return ride at 1.00 pm

**1.00 pm COGS Group** leave and ride as a combined group to Woori Yallock where we usually arrive at about 1.40 pm.

**1.50 pm Woori Yallock** all riders re-group for the ride to Milgrove where we stop for lunch before the ride back to your chosen start point.

*In this way all riders can choose a starting time and ride distance to suit their level of bike fitness. On the leg between COGS and Milgrove we expect all riders to stay together as much as possible (ie no bolting).*

# This Week with the Ghostriders



## Some Bellarine Peninsula Images (Dec 29th 2010) (all images from Geoff James)



Alan and Jenny preparing the famous tandem for its second longest ride. This was the first time we have had a tandem in our peloton and we were impressed at just how well it went.

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The pier at Queenscliff



Our lunch spot—Portarlington



Stopping to regroup at the top of our first climb for the day (near Ocean Grove)



Dennis & Michael stop to enjoy some of the spectacular views along the way.